



## New Jersey First Steps

**FREE Infant and Toddler Training**



### 2013 DIRECTOR'S TRACK

THIS **NINE-SESSION SERIES** COMBINES THE RELATIONSHIP-BASED TRAINING FORMAT OF THE PROGRAM FOR INFANT TODDLER CARE, (PITC) AND ALIGNS IT WITH THE "GOOD TO EXCELLENT"

COMPONENTS OF THE INFANT TODDLER ENVIRONMENTAL RATING SCALE-REVISED (ITERS-R).

DIRECTORS OF INFANT TODDLER PROGRAMS WILL EXPLORE THE IMPORTANCE OF BEST PRACTICE FOR VERY YOUNG CHILDREN AND HOW TO BUILD AND MAINTAIN HIGH QUALITY IN THEIR INFANT TODDLER ENVIRONMENTS. THE REVISED EDITION OF THE ITERS AS WELL AS THE GUIDE, ALL ABOUT THE ITERS-R ARE TOOLS PROVIDED FOR THIS SERIES TO HELP DIRECTORS PRACTICE ASSESSING AND SCORING ALL THE QUALITY ELEMENTS OF CARE.

**Please review the descriptions & dates of the  
nine-sessions on the next page and  
Register Now!**

**All Classes Will Be Held: Wednesdays  
April 10—June 5, 2013 (10:30AM-1:30PM )  
At Child & Family Resources  
111 Howard Blvd., Ste. 201  
Mt. Arlington, NJ 07856**

## New Jersey First Steps Infant Toddler Training

### DIRECTOR'S TRACK SERIES—2013

**4/10/13 Overview of the ITERS-R and the PITC Philosophy** Directors can gain a basic knowledge of the ITERS-R and be able to use the tool for program self-improvement. The ITERS-R workbook will be available. The PITC relationship-based philosophy and training series will also be presented.

**4/17/13 Discovery Zone: Space to Grow ITERS-R: Space and Furnishings** Learn to create quality safe, nurturing and engaging environments which can support healthy infant toddler development.

**4/24/13 It's More Than Just Routine ITERS-R: Personal Care Routines** Every aspect of the care giving routines is covered from the basics, (feeding, diapering, napping) to their importance as opportunities for very young children's learning and relationship building.

**5/1/13 Early Messages ITERS-R: Listening and Talking** How do babies learn language? The emphasis in this session is placed on making children's experiences with language positive and engaging in the context of nurturing relationships.

**5/8/13 Discoveries of Infancy ITERS-R: Activities** Directors will explore how Infants and Toddlers develop cognitive skills and learn ways to facilitate early learning and cognitive development through their center's choices of activities and materials.

**5/15/13 Flexible Fearful and Feisty ITERS-R: Interaction** Directors will have the opportunity to explore and understand their own temperament and the temperament of someone close to them. This exploration allows directors to discover and examine the influence of individual differences in temperament on their relationships and interactions with staff and especially with infants and toddlers.

**5/22/13 Getting in Tune ITERS-R: Program Structure** How are schedules maintained in infant and toddler care? This session encourages directors to focus on the individual needs of each child rather than a rigid temporal schedule. A review of the importance of primary care and small group size will be revisited.

**5/29/13 First Moves ITERS-R: Parents and Staff** Directors will understand the importance of establishing a nurturing and positive relationship with families and young children right from the start. Strategies for welcoming a child and his family to your program will be discussed and practiced.

**6/5/13 Professional Development ITERS-R: Professional Development** Learn how to increase the quality of care for infants and toddlers by providing professional development resources for all staff. Review the of professional development opportunities for New Jersey providers offered including CDA, PINJ opportunities, NJ Infant/Toddler Credential training, NJAEYC offerings, CCR&R trainings, and CITE activities.

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**Registration Required.** Complete and return this portion to: Melissa A. Rivera at Child & Family Resources  
111 Howard Blvd., Suite 201, Mt. Arlington, NJ 07856, or fax to: 973-398-0319, or phone: 973-601-6158, or  
e-mail: [mriviera@childandfamily-nj.org](mailto:mriviera@childandfamily-nj.org)

Name: \_\_\_\_\_ Center Name/Family Child Care: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ County: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_